## Funky Fingers/ Handwriting activities.

In reception we do lots of activities to strengthen our finger muscles, this support our handwriting development. We do daily dough disco, name writing and have access to our funky fingers area. We advise that you practise name writing with your child everyday whilst they are at home. Then choose an additional funky fingers activity.

| Activity 1 | Activity 2 | Activity 3 |
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| Ask your grown up to draw some swirly and zig zag patterns on paper. Trace the pattern by placing buttons or coins on top. | Practise using some pegs by helping your grown up to peg out the washing or make your own little washing line inside to play with. | Cut up some strips of paper, you could decorate them with patterns if you like. Link and glue your pieces of paper together to make a paper chain! |
| Activity 4 <br> Do some painting using ear buds. You could trace your name or trace a wiggly line. | Activity 5 <br> Use lego to do some building. The little pieces will support you to develop your finger muscles. | Activity 6 <br> Ask your grown up to draw some shapes or write your name. trace alone the line with stickers. |
| Activity 7 <br> Ask your grown up to draw some shapes for you to practise cutting out using scissors. | Activity 8 <br> Practise your scissor and cutlery skills with playdough. Use the scissors and your knife and fork to chop up playdough. | Activity 9 <br> Do you some threading. You can use pipe cleaners or thread. You could thread beads, chopped up straws, pasta or cheerios. |
| Activity 10 <br> Do some painting. You could paint some pictures, your name or practise your numbers. | Activity 11 <br> Practise doing some jigsaws. The little pieces will strengthen your finger muscles. | Activity 12 <br> Fill a tray with rice or lentils. Use pots and spoons to practise filling and scooping the food. |


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| Activity 13 <br> Ask your grown up to draw some shapes or <br> numbers. Trace along the line by finger painting. | Make a collage by scrunchilg up some paper. <br> The scrunching activity will make your fingers <br> nice and strong. |  |



Falling Leaves Cutting Practice


