New Park's SRE Overview

SRE at New Park teaches children to:

- value themselves and their bodies
- foster respect, love and care of others
- understand and value stable and loving relationships (in the context of families, marriage and friends)
- respect the relationship decisions of others

SRE also includes learning about how the human body works, understanding the human life cycle and helping parents to prepare children for physical and emotional changes in their lives. We also teach children to keep themselves safe online and to make judgments about appropriate online behaviour.

Aims:

The SRE curriculum at New Park will provide children with age appropriate information, explore attitudes and values to relationships and empower children to make positive decisions about their health-related behaviour.

<u>EYFS</u>	Year 1/2	Year 3/4	<u>Year 5/6</u>
Good Touch / Bad Touch (Pantosaurus)	Good Touch / Bad Touch (Pantosaurus)	Your body, your choice (Pantosaurus)	Self-Esteem, Body Image and Peer Pressure
 Special people (families) 	Families and Relationships	Families and Relationships	Families and Relationships
 Friendships 	The Body (including private parts)	 The Body (including private parts) 	Personal Hygiene
Girls and Boys	Girls and Boys	Puberty and Changes	Puberty and Changes
		Puberty and Periods (Y4 Girls)	Puberty and Periods
		Human Life Cycle	Human Reproduction