

6.1 Know the numbers of seconds in a minute, minutes in an hour and hours in a day

Fact file:

60 seconds = 1 minute
60 minutes = 1 hour
24 hours = 1 day



6.2 Know the number of days in a week, months in a year, including leap years.

Fact file:

7 days = 1 week
12 months = 1 year
365 days = one year
366 days = one leap year



6.3 Know the number of grams in a kilogram, millilitres in a litre, millimetres in a centimetre and metres in a kilometre.

Fact file:

1000g = 1kg
1000ml = 1L
10mm = 1cm
1000m = 1km



How many metres is a 5km run?

Top tip

Remember litres refers to a liquid - they both start with an L.



6.4 Count from zero in steps of 4

Call out

Clap a number of regular beats. Ask the child to count silently in fours calling out the number you stop on.



Mars

Colour the star when you think you have achieved that skill. Remember, you need to answer each question under 3 seconds (try to answer 10 or more in 30 seconds). Your teacher will let you know the next time there's an assessment.

6.5 Count from zero in steps of 8

Use the hundred-square overleaf to support your learning. Gradually cover up the numbers until you are confident without the grid.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100



6.6 Count from zero in steps of 50

Make it real. Collect 50p pieces in a piggy bank and then see how quickly you can work out the total.



6.7 Count from zero in steps of 100

Make it fun

Play number ping pong. Start off by saying "ping", child replies with "Pong."

Repeat and then convert to numbers i.e. say "100" and then reply with "200" (Counting in 100s). Can you reach 1,500?



Try the game 'hit the button' for more times table practice.

<https://www.topmarks.co.uk/maths-games/hit-the-button>



1	2	3	4	5	6	7	8	9	10
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21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100