

FOOD FESTIVAL

By Aspens

WEEK ONE

MONDAY Family Faves

Option 1

Minced Beef & Onion Pie
Mash & Carrots

Option 2

Veggie Bangers & Mash
Carrots

TUESDAY Authentic Italian

Beef Bolognese
Garlic Bread

Sweet Potato & Chickpea Balti
Wholegrain Rice

WEDNESDAY Baking British

Roast Chicken & Stuffing
Roasties and Fresh Vegetables
Gravy

Cheese & Tomato Quiche
Roasties and Fresh Vegetables

THURSDAY Food Festival

Chicken Tikka Masala
Wholegrain Rice
Spiced Roast Cauliflower

Quorn Dipper
Wholegrain Rice
Spiced Roast Cauliflower

FRIDAY Fun Day

Fish Fingers
Salmon or Pollock
Wedges and Peas

Cheesy Bean Wrap
Wedges and Peas

Packed Lunch

Jacket Potatoes

Pick and Mix Packed Lunch

Freshly filled sandwich, self help salad bar, yoghurt or piece of fruit

Crispy Skin Jacket Potato with Tasty Toppings

The Finale

Selection of fresh fruit or yoghurt

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Selection of fresh fruit or yoghurt

Homemade Bread and Salad available every day

Autumn / Winter 2021

w/c 03/01, 24/01, 14/02

▲ Meat ▼ Veggie ◆ Jacket Potato ■ Packed Lunch

Cheese
Cheese
&
Crackers
Crackers

FOOD FESTIVAL

By Aspens

WEEK
TWO

MONDAY Family Faves

Option 1

Cottage Pie
Carrots

TUESDAY Authentic Italian

**Chicken &
Sweetcorn Pasta
Bake**

Whole Grain Penne
Garlic Slice
Green Salad

WEDNESDAY Baking British

Roast Gammon
Roasties and
Fresh Vegetables
Gravy

THURSDAY Food Festival

Hot Dog
Baked Paprika
Wedges
BBQ Beans

FRIDAY Fun Day

Fish Fingers
Salmon or Pollock
Wedges and
Mushy Peas

Option 2

Quorn Dog
Baked Paprika
Wedges
BBQ Beans

**Cheese & Onion
Puff Pastry Slice**
Green Salad
Peas

Veggie Bolognese
Whole Grain Penne
Garlic Slice
Green Salad

**Baked Bean &
Veggie Sausage
Cowboy Pie**
Carrots

Quorn Dipper Pitta
Wedges and
Mushy Peas

**Packed
Lunch**

**Jacket
Potatoes**

Pick and Mix Packed Lunch

Freshly filled sandwich, self help salad bar, yoghurt or piece of fruit

Crispy Skin Jacket Potato with Tasty Toppings

The Finale

**Selection of fresh
fruit or yoghurt**

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fruit or yoghurt**

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Homemade Bread and Salad available every day

FOOD FESTIVAL

By Aspens

WEEK THREE

MONDAY Family Faves

Option 1
Bangers & Mash
Green Beans
Gravy



Option 2
Mixed Bean Fajita
Green Beans
Wedges



TUESDAY Authentic Italian

Beef Lasagne
Garlic Slice
Sweetcorn



Vegan Sausage Roll
Mash and Baked Beans



WEDNESDAY Backing British

Roast Chicken & Stuffing
Roasties and
Fresh Vegetables
Gravy



Quorn Roast
Roasties and
Fresh Vegetables
Gravy



THURSDAY Food Festival

BBQ Chicken
Wholegrain Rice
Broccoli



Veggie Lasagne
Garlic Slice
Broccoli



FRIDAY Fun Day

Fish Fingers
Salmon or Pollock
Wedges and
Baked Beans



Crunchy Topped Macaroni Cheese
Salad



Packed Lunch

Pick and Mix Packed Lunch

Freshly filled sandwich, self help salad bar, yoghurt or piece of fruit



Jacket Potatoes

Crispy Skin Jacket Potato with Tasty Toppings



The Finale

Selection of fresh fruit or yoghurt

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Selection of fresh fruit or yoghurt

Selection of fresh fruit or yoghurt

Homemade Bread and Salad available every day

▲ Meat ▼ Veggie ◆ Jacket Potato ■ Packed Lunch

Autumn / Winter 2021

w/c 17/01, 07/02