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| **New Park Primary Academy Menu - Autumn Term Menu 2018**  |  |
|  | **WEEK 1 served w/c:****3rd and 24th Sept, 15th Oct,****12th Nov, 3rd Dec** | **WEEK 2 served w/c:****10th Sept, 1st and 22nd Oct,****19th Nov,10th Dec** | **WEEK 3 served w/c:****17th Sept, 8th Oct,****5th and 26th Nov, 17th Dec** |
| **M****O****N****D****A****Y** | **Sausages, Mash & Onion Gravy or****Bean & Vegetable Cobbler**Broccoli & Cauliflower50/50 Bread\*\*\*\*\*Jam Sponge & Custard Fresh Fruit or Yoghurt | **Organic Beefburger in a Bun or****Cauliflower & Broccoli Gratin**Chipped PotatoesPeas & Sweetcorn\*\*\*\*\*Banana Brownie & Chocolate SauceFresh Fruit or Yoghurt | **Margherita Pizza or****Tuna Catherine Wheels** Potato Wedges Carrot & Orange SaladPeas\*\*\*\*Chocolate Semolina & MandarinsFresh Fruit or Yoghurt |
| **T****U****E****S****D****A****Y** | **Sweet & Sour Chicken & Rice or****Cheese, Leek & Potato Bake**Medley of VegWholemeal Baguette\*\*\*\*Toffee Apple Crumble CakeFresh Fruit or Yoghurt | **Chicken & Tomato Pasta Bake or****Quorn Curry & Rice**Green Beans & CauliflowerWholemeal Bread\*\*\*\*Autumn Berry Sponge & CustardFresh Fruit or Yoghurt | **Minced Beef & Dumplings or****Vegetable Roast**Sweet Potato MashSavoy Cabbage & CarrotsSunflower Seed Bread\*\*\*\*Sticky Date & Apple Bar with Cheese |
| **W****E****D****N****E****S****D****A****Y** | **Roast Beef & Yorkshire Pudding or****Vegetable Lasagne**Roast Parsnips & CarrotsRoast PotatoesSliced Wholemeal Bread\*\*\*\*\*Chocolate, Orange Sponge & Chocolate Sauce Fresh Fruit or Yoghurt | **Roast Pork, Apple Sauce & Gravy or****Two Bean Hot Pot**Carrots & BroccoliParsley PotatoesHerbie Bread\*\*\*\*\*\*Raspberry Bun with AppleFresh Fruit or Yoghurt | **Chicken & Vegetable Pie or****Vegetable Chilli & Rice**Creamed Potatoes Carrot & Swede & PeasCrusty Bread\*\*\*\*\*Fruity Gingerbread & Custard Fresh Fruit or Yoghurt  |
| **T****H****U****R****S****D****A****Y** | **Chicken Korma & Rice or****Roasted Vegetable Pasta**Cauliflower & Green BeansNaan Bread\*\*\*\*\*Pineapple Shortcake & CustardFresh Fruit or Yoghurt | **Beef Tortilla Wrap or****Macaroni Cheese**Vegetable RiceVeg Sticks\*\*\*\*\*Apple Cinnamon Crunch Crumble & CustardFresh Fruit or Yoghurt | **Pasta Bolognaise or****Sweet Potato & Vegetable Bake**Broccoli & SweetcornGarlic Bread\*\*\*\*Arctic Roll & PeachesFresh Fruit or Yoghurt |
| **F****R****I****D****A****Y** | **Battered Fish or****Wholewheat Vegetable Pastry**Tomato SaucePeas & Carrots Sticks Chipped PotatoesSunflower Seed Bread\*\*\*\*Fruits of the Forest Flapjack Fresh Fruit or Yoghurt | **Breaded Salmon Nibbles & Tomato Sauce or****Spanish Baked Bean Omelette**Broccoli & CarrotsPotato WedgesTomato Bread\*\*\*\*\*Swiss BunFresh Fruit or Yoghurt | **Fish Fingers or****Glamorgan Sausage (Cheese & Potato Croquette)**Peas & Baked BeansChipped Potatoes Wholemeal Bread\*\*\*\*\*Plum Upside Down Cake & CustardFresh Fruit or Yoghurt |